

# Laurel County K-5

## September Menu

### Served Daily

Milk Choices

### Juice Choices:

Apple Juice

Orange Juice

Grape Juice

Vegetable Juice

### Vegetable/Fruit Choices

Fresh Veggie Cups & Dip

Fresh Fruit Cup

### Breakfast

Cereal

Toast

Pop Tarts

Yogurt/Granola Parfait

### Friday Breakfast Buffett

Biscuits & Gravy

Bacon & Scrambled Eggs

Students must choose ½ cup fruit or vegetable daily at breakfast and lunch

(Menu is subject to change)

# Menu Schedule

## **Week 1 (September 2-6)**

September 2

Labor Day Holiday

September 3

### **Breakfast**

Muffin

Yogurt

### **Lunch**

Grilled cheese

Soup

Bologna and cheese

Curley fries

Tossed Salad

September 4

### **Breakfast**

Pancake on Stick

### **Lunch**

Chicken Sandwich

Pizza Squares

Green Beans

Garden Salad

September 5

### **Breakfast**

Chicken Biscuit

## **Lunch**

Bosco sticks

Hamburger w/ cheese

Emoticon Potatoes

Garden Salad

Marinara Sauce

September 6

## **Breakfast**

Breakfast Buffet

## **Lunch**

Fiesta Nachos

Quesadilla

Refried Beans

Corn

Tortilla Chips

Rice

## **Week 2 (September 9-13)**

September 9

## **Breakfast**

French toast and sausage

## **Lunch**

Chicken rings

Ham and cheese sandwich

Mashed Potatoes

Steamed broccoli

3 cheese mac and cheese

September 10

**Breakfast**

Cinnamon Roll

Yogurt

**Lunch**

Sausage/cheese biscuit

Chicken biscuit

Potato Cubes

Eggs Scrambled

White gravy

September 11

**Breakfast**

School Choice

**Lunch**

Mini calzone

Hamburger w/ cheese

Green beans

Marinara sauce

Funyuns

Ice cream cup

September 12

**Breakfast**

Sausage biscuit

**Lunch**

Little Caesars pizza

Ham and cheese sandwich

Emoticon potatoes

Tossed salad

Choc chip cookie

September 13

**Breakfast**

Breakfast buffet

**Lunch**

Hot Dog and chili

Ham and cheese sandwich

Baked beans

Corn

Tostitos

Cheese Dip

**Week 3 (September 16-20)**

September 16

**Breakfast**

Pancakes and sausage

**Lunch**

Chicken rings

Hot turkey and bacon

Mashed potatoes

Steamed broccoli

Mac and cheese

September 17

**Breakfast**

Donuts

Yogurt

**Lunch**

Hamburger w/cheese

Bosco sticks

Curley fries

Marinara sauce

Scooby Snack Crackers

September 18

**Breakfast**

Breakfast pizza

**Lunch**

Corn dog

Chicken sandwich

Corn

Baked beans

Doritos

Ice cream cup

September 19

**Breakfast**

Sausage biscuit

**Lunch**

Tonys Indy Pizza

Turkey and cheese sandwich

Emoticon Potatoes

Tossed Salad

Chocolate chip cookie

September 20

Breakfast

Breakfast buffet

Lunch

Ravioli

Mini Calzone

Green beans

Garden salad

Marinara Sauce

Breadstick

## **Week 4 (September 23-27)**

September 23

### **Breakfast**

Waffle and sausage link

### **Lunch**

Chicken Strips

Bologna and cheese sandwich

Mashed Potatoes

Broccoli and cheese

September 24

### **Breakfast**

Muffin

Yogurt

### **Lunch**

Grilled cheese

Soup

Bologna and cheese

Curley fries

Tossed Salad

September 25

### **Breakfast**

Pancake on Stick

**Lunch**

Chicken Sandwich

Pizza Squares

Green Beans

Garden Salad

September 26

**School Choice Menu**

September 27

Enjoy the World Chicken Festival



# ALA CARTE PRICE LIST

## ALL SCHOOLS

### \$1.00

Pop Tar (1 Pack)

Kelloggs Rice Krispie)

### \$0.75

Oven Baked Lays Chips

Doritos RF Cool Ranch

Doritos RF Nacho Cheese

Cheetos Oven Baked Crunchy

Cheetos Fantastix

Funyuns

GoldFish

Scooby Sticks

Animal Crackers

## ALA CARTE PRICE LIST CONT..

### Elementary Schools

4 oz 100% Juice \$0.30

8 oz Milk \$0.30

8 oz Water \$0.50

16 oz Water \$1.00

### Middle Schools

4 oz 100% Juice \$0.30

8oz Milk \$0.30

8 oz Water \$0.50

16 oz Water \$1.00

10 oz Fruit Juice \$1.00

## High Schools

4 oz 100% Juice	\$0.30
8oz Milk	\$0.30
8 oz Water	\$0.50
16 oz Water	\$1.00
10 oz Fruit Juice	\$1.00
16.9 oz Flav Water	\$1.00
16.9 oz Diet Tea	\$1.00
Diet Soda	\$1.00

## SPECIAL MENU DAYS

September Red, White & Blue Day

Menu: Red-White & Blue Cake

October 50's Day

Menu: Hamburgers or Hot Dogs, Fries, Vegetable Sticks & Dip, Ice Cream

November Managers Choice (includes Thanksgiving Dinner)

25-26 Menu: Turkey & Dressing, Mashed Potatoes & Gravy, Green Beans, Homemade Rolls, Dessert of your choice, school choice of extra entree  
December Managers Choice (includes Christmas Dinner)

16-20 Menu: Baked Ham, Mashed Potatoes, Green Beans, Homemade Rolls, Dessert of your choice  
School choice of extra entree

March Dr. Seuss Birthday

Breakfast: Green Eggs & Ham

Lunch: Birthday Cake

May 1 Derby Breakfast

Menu: Breakfast, Sausage & Bacon, scrambled eggs, gravy & biscuits, fried apples, potato cubes, jelly

May Teachers Day

Menu: Make homemade cinnamon rolls and fresh fruit salad for our teachers

May Luau Day

Menu: Pork Rib on Bun, potato choice, fresh vegetables, Fresh fruit

salad w/pineapple & Kiwi

May 11- Managers Choice

EOY- Entrée may change, other menu items will remain the same

**NOTES:**

**THURSDAYS—see Little Caesars schedule**

**Cereal Choice – Cheerios offered daily, WG choices only**

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