

Laurel County K-5

August Menu

Served Daily

Milk Choices

Juice Choices:

Apple Juice

Orange Juice

Grape Juice

Vegetable Juice

Vegetable/Fruit Choices

Fresh Veggie Cups & Dip

Fresh Fruit Cup

Breakfast

Cereal

Toast

Pop Tarts

Yogurt/Granola Parfait

Friday Breakfast Buffett

Biscuits & Gravy

Bacon & Scrambled Eggs

Students must choose ½ cup fruit or vegetable daily at breakfast and lunch

(Menu is subject to change)

Menu Schedule

Week 1 (August 8-9)

August 8

Breakfast

Sausage Biscuit

Lunch

Tony Indy Pizza

Turkey & Cheese Sandwich

Emoticon Potatoes

Tossed Salad Choc Chip Cookie

August 9

Breakfast

Breakfast Buffett

Lunch

Fiesta Nachos

Quesadilla

Refried Beans

Corn

Tortilla Chips

Rice

Week (August 12-16)

August 12

Breakfast

Waffle and sausage link

Lunch

Chicken Strips

Bologna and cheese sandwich

Mashed Potatoes

Broccoli and cheese

August 13

Breakfast

Muffin

Yogurt

Lunch

Grilled cheese

Soup

Bologna and cheese

Curley fries

Tossed Salad

August 14

Breakfast

Pancake on Stick

Lunch

Chicken Sandwich

Pizza Squares

Green Beans

Garden Salad

August 15

Breakfast

Chicken Biscuit

Lunch

Bosco sticks

Hamburger w/ cheese

Emoticon Potatoes

Garden Salad

Marinara Sauce

August 16

Breakfast

Breakfast Buffet

Lunch

Fiesta Nachos

Quesadilla

Refried Beans

Corn

Tortilla Chips

Rice

Week 3 (August 19-23)

August 19

Breakfast

French toast and sausage

Lunch

Chicken rings

Ham and cheese sandwich

Mashed Potatoes

Steamed broccoli

3 cheese mac and cheese

August 20

Breakfast

Cinnamon Roll

Yogurt

Lunch

Sausage/cheese biscuit

Chicken biscuit

Potato Cubes

Eggs Scrambled

White gravy

August 21

Breakfast

School Choice

Lunch

Mini calzone

Hamburger w/ cheese

Green beans

Marinara sauce

Funyuns

Ice cream cup

August 22

Breakfast

Sausage biscuit

Lunch

Little Caesars pizza

Ham and cheese sandwich

Emoticon potatoes

Tossed salad

Choc chip cookie

August 23

Breakfast

Breakfast buffet

Lunch

Hot Dog and chili

Ham and cheese sandwich

Baked beans

Corn

Tostitos

Cheese Dip

Week 4 (August 26-30)

August 26

Breakfast

Pancakes and sausage

Lunch

Chicken rings

Hot turkey and bacon

Mashed potatoes

Steamed broccoli

Mac and cheese

August 27

Breakfast

Donuts

Yogurt

Lunch

Hamburger w/cheese

Bosco sticks

Curley fries

Marinara sauce

Scooby Snack Crackers

August 28

Breakfast

Breakfast pizza

Lunch

Corn dog

Chicken sandwich

Corn

Baked beans

Doritos

Ice cream cup

August 29

Breakfast

Sausage biscuit

Lunch

Tonys Indy Pizza

Turkey and cheese sandwich

Emoticon Potatoes

Tossed Salad

Chocolate chip cookie

August 30

Breakfast

Breakfast buffet

Lunch

Spaghetti/Ravioli

Mini Calzone

Green beans

Garden Salad

Marinara sauce

Breadstick

ALA CARTE PRICE LIST

ALL SCHOOLS

\$1.00

Pop Tar (1 Pack)

Kelloggs Rice Krispie)

\$0.75

Oven Baked Lays Chips

Doritos RF Cool Ranch

Doritos RF Nacho Cheese

Cheetos Oven Baked Crunchy

Cheetos Fantastix

Funyuns

GoldFish

Scooby Sticks

Animal Crackers

ALA CARTE PRICE LIST CONT..

Elementary Schools

4 oz 100% Juice \$0.30

8 oz Milk \$0.30

8 oz Water \$0.50

16 oz Water \$1.00

Middle Schools

4 oz 100% Juice \$0.30

8oz Milk \$0.30

8 oz Water \$0.50

16 oz Water \$1.00

10 oz Fruit Juice \$1.00

High Schools

4 oz 100% Juice	\$0.30
8oz Milk	\$0.30
8 oz Water	\$0.50
16 oz Water	\$1.00
10 oz Fruit Juice	\$1.00
16.9 oz Flav Water	\$1.00
16.9 oz Diet Tea	\$1.00
Diet Soda	\$1.00

SPECIAL MENU DAYS

September Red, White & Blue Day

Menu: Red-White & Blue Cake

October 50's Day

Menu: Hamburgers or Hot Dogs, Fries, Vegetable Sticks & Dip, Ice Cream

November Managers Choice (includes Thanksgiving Dinner)

25-26 Menu: Turkey & Dressing, Mashed Potatoes & Gravy, Green Beans, Homemade Rolls, Dessert of your choice, school choice of extra entree
December Managers Choice (includes Christmas Dinner)

16-20 Menu: Baked Ham, Mashed Potatoes, Green Beans, Homemade Rolls, Dessert of your choice
School choice of extra entree

March Dr. Seuss Birthday

Breakfast: Green Eggs & Ham

Lunch: Birthday Cake

May 1 Derby Breakfast

Menu: Breakfast, Sausage & Bacon, scrambled eggs, gravy & biscuits, fried apples, potato cubes, jelly

May Teachers Day

Menu: Make homemade cinnamon rolls and fresh fruit salad for our teachers

May Luau Day

Menu: Pork Rib on Bun, potato choice, fresh vegetables, Fresh fruit salad w/pineapple & Kiwi

May 11- Managers Choice

EOY- Entrée may change, other menu items will remain the same

NOTES:

THURSDAYS—see Little Caesars schedule

Cereal Choice – Cheerios offered daily, WG choices only

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